


Your Complete Immune Strategy

	Deepen your Immunity	Nip it in the Bud!	
	PRO-ACTIVE IMMUNE SUPPORT Balance your innate immune system	RE-ACTIVE COLD & FLU RELIEF² Stimulate your re-active immune system	
Individual Herbs¹	<ul style="list-style-type: none"> • Reishi • Astragalus • Panax qui • Schisandra • Licorice • Codonopsis • Siberian Ginseng • American Ginseng 	<p>Best for General symptoms:</p> <ul style="list-style-type: none"> • Echinacea (Purpurea & Angustifolia) • Wild Indigo • Pau D'arco • Elderberry • Myrrh 	<p>Best for Specific symptoms:</p> <p>TREAT</p> <ul style="list-style-type: none"> • Andrographis • Goldenseal • Oregano • Eyebright (Euphrasia) • Usnea/Osha/Lomatium <p>RELIEVE</p> <ul style="list-style-type: none"> • Marshmallow • Wild cherry bark • Propolis • Elderberry
Medicine Cabinet Recommendations	<p>Deep Immune Original</p> <p>Deep Immune Licorice-free</p> <p>Deep Immune for Kids</p> 	<p>General Symptoms:</p> <p>Echinaseal - your #1 choice, but do not use if pregnant</p> <p>EchinAce - use instead if you are pregnant, breastfeeding, or have sensitivities, as there are less ingredients</p> <p>Specific Symptoms:</p> <p>TREAT</p> <p>Sinus: Sinafect</p> <p>Lung: Respiraffect / RespiraCleanse</p> <p>or if neither:</p> <p>Cold & Flu (viral): Virafect</p> <p>RELIEVE</p> <p>Elderberry Cough Syrup Adult</p> <p>Elderberry Cough Syrup Kids</p> <p>Stop It Cold Throat Spray</p> <p>Chest Rub</p>	

¹ This is a list of the more common herbs that are used for these various purposes – there are many more that have not been included.

² Herbs can have numerous benefits, what we are showing here are what they are best or often used for regarding these various health needs to help bring some clarity. Ultimately, it's a great idea to visit a Naturopathic Doctor who specializes in Botanical medicine to understand what's right for you. We can let you know if there is one that is accessible to you – just email us at info@stfrancisherbfarm.com.

